



PRESENTS...

**Meet & Greet
2018**

What is Brain in Mind?

Brain in Mind is a Neurological Club that focuses on common brain disorders.

Vision: To empower, educate and support citizens living with common brain disorders and support research to make their lives easier.

Mission: To improve understanding of brain disorders through student education, peer support, and networking events.



Why is it important?

Brain disorders can severely affect a person's lifestyle, for example:

- Memory
- Sensations
- personality

Better education, awareness and understanding of neurological disorders in the community improves constituents living environment.

Common neurological diseases includes:

- Huntington's
- Epilepsy
- ALS (Amyotrophic Lateral Sclerosis)

Upcoming Events

FALL 2018

1) Meet & Greet

Learn about Brain in Mind, volunteer opportunities, make new friends, and meet professionals from The BC Epilepsy Society.

(Friday, October 19th)

2) Brain in Mind Education Day

A day of learning from professionals on the field epilepsy and people living with epilepsy.

(Sunday, November 4th)

3) First Aid Seizure

A free educational workshop on seizure types and first aid. A certificate of participation is included.

(Mid-November)

Volunteer Opportunities

Secretary - Records meeting notes, sends reminders and follow-ups on tasks.

Events Coordinator - Event promotion (social media, email, etc.) and assists the president in organizing activities (rentals, locations, supplies, budget, etc)

General Members - Attend meetings to voice their opinions, exclusive invite to all public events held by Brain in Mind and The BC Epilepsy Society.

**Sponsor: BC
Epilepsy Society**

Kim Davidson

BC Epilepsy Society

Executive Director: Kim Davidson



Kim brings 25 years of counselling, community building and executive leadership experience in education, social services and healthcare.

She has dedicated her professional and volunteer life to empowering and advocating for children, youth and families in a variety of contexts.