



Attention: Educators, Administrators, and Support Staff

The BC Epilepsy Society provides seizure awareness workshops, information materials, and classroom resource kits for teachers and students.

These provide accurate and up-to-date information about seizures and epilepsy. We focus on the facts and refute the myths.

This includes information about recognizing the signs of different types of seizures, first aid and safety considerations, as well as how to support the academic needs that children with epilepsy may face.

We also provide fun age-appropriate workshops and resources for children and teens. These incorporate goals relevant to school curriculum on health, safety, science, and diversity.

The reality is:

- **Seizures are more common than you think.** About 1 out of 12 people will have a seizure in their lifetime. Epilepsy, a condition that involves recurring seizures, affects approximately 40,000 people in BC. It is more prevalent amongst children and those with special needs.
- Teachers **can be the first to respond to and recognize** seizures in students.
- Some seizure types are brief and/or subtle and **could be misinterpreted** as daydreaming, behavior difficulties, or clumsiness.
- There is a higher incidence of **learning difficulties and intellectual disabilities** amongst children with epilepsy.
- All students benefit when school personnel have the appropriate knowledge to help ensure **a safe and supportive classroom.**

For more information about our school resources and workshops, please contact us at 604-875-6704 or at info@bcepilepsy.com

Information is also available on our website at www.bcepilepsy.com