



**BC Epilepsy
Society**

E-NEWSLETTER

*Improving lives.
Inspiring courage.*

March 19, 2014

Feelin' Fine for Epilepsy Fundraiser: March 22nd

AN EPILEPSY AWARENESS EVENT

To celebrate Purple Day and epilepsy awareness there will be a fundraiser called Feelin' Fine for Epilepsy on Saturday, March 22nd.

This event is meant to raise awareness about epilepsy, promote positivity, and spread smiles. There will be a free yoga session, tea tasting, prizes, refreshments, and a presentation about epilepsy.

The day will start off with a build your own yogurt parfait bar, accompanied by gluten-free baked goodies courtesy of Cloud 9 Specialty Bakery. Then there will be a tea sampling courtesy of DAVIDsTEA. The day will also include a gentle yoga session, instructed by Angela Ringstead of Fitness 2000. [Click here](#) for the event poster.

Event details:

Feelin' Fine for Epilepsy

9:00 am - 1:00 pm

West Burnaby United Church

6050 Sussex Avenue, Burnaby

Note: the location is located a block and a half from Metrotown and is within walking distance of the Metrotown Skytrain Station. [Click here](#) for a map.

Prizes have been donated from Cloud 9 Specialty Bakery, DAVIDsTEA, Fitness 2000, Purdy's Chocolate, Lululemon Athletica, Red Robin, Metropolis at Metrotown, YFM: Yoga Fitness Meditation, The Body Shop Co., and Safeway.

For more information please contact the BC Epilepsy Society at 604-875-6704 or at outreach@bcepilepsy.com

We look forward to seeing you there!

Upcoming Events from the BC Epilepsy Society

March 26: Open House, 11 am to 7 pm

Join us for our open house in celebration of Purple Day. The office will be decked out in purple and there will be snacks (including purple cupcakes), crafts, games, and socialization, plus we will be playing rounds of the epilepsy-themed board game "Adventure Camp - Learn about Epilepsy". Our office is located at #2500-900 West 8th Avenue, Vancouver. It is one block away from the corner of Broadway and Oak Street.

April 1: Online Support Group, 7 pm to 8 pm

Log-in to our next online support group meeting! The first 30 minutes will be a discussion of topical items and the next 30 minutes will cover common experiences, feelings, and questions. To participate you must contact our office by March 28th to get a log-in code. To register please email services@bcepilepsy.com or call 604-875-6704.

April 7: Annual General Meeting, 6:30 pm start

Come out to the BC Epilepsy Society Annual General Meeting. It will be held at the Chan Centre for Family Health, Room 2018 in the Education and Research Building at the Children's and Women's Health Centre of BC located on 4480 Oak Street at 28th Avenue. The meeting will address elections, auditor appointment, finances, and last year's minutes. Anyone can attend. Current members have voting privileges. Please contact us at 604-875-6704 or at info@bcepilepsy.com to RSVP.

April 29: Women and Epilepsy Lecture, 7 pm to 8:30 pm

Attend our lecture about the medical issues that can affect women with epilepsy. This event is \$10 or free with a BC Epilepsy Society membership. It will be held at the Chan Centre for Family Health Education in Room 2108 in the Education and Research Building at the Children's and Women's Health Centre of BC. This is located on 4480 Oak Street at 28th Avenue. For more information and to RSVP please contact us at 604-875-6704 or at info@bcepilepsy.com

Purple Day Photo Contest Winners

To help celebrate Purple Day we held a photo contest. Below are the winning photos. These photos incorporated the colour purple in fun, creative, inspiring, and beautiful ways.

**Category: Best Creative or Artistic
Depiction of the Colour Purple**

Photograph Title: The Kwakiutl Hummingbird – Purple Ribbon

This photo features an original design with Kwakiutl hummingbirds and a purple ribbon. These were hand-painted on the shirts. This project was done in honour of a family member with epilepsy.



Category: Best Nature Picture

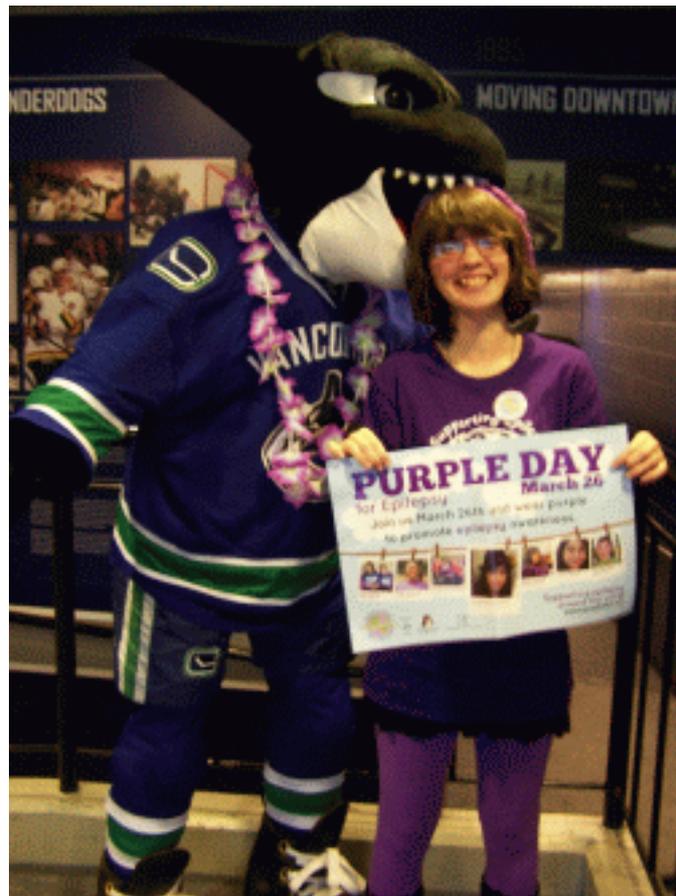
Photograph Title: Purple Bridge

Quesnel city employees programmed the Fraser River Bridge to light up in purple on March 26, 2013. This photo shows the bridge in all its purple glory! Note: the bridge will also be lit up this year on Purple Day.



Category: Best Purple Animal Picture
Photograph Title: Whales for Epilepsy Awareness

This photo was taken with Fin – the mascot for the Vancouver Canucks. He’s a big fan of Purple Day, and he shows his fun/wacky/lively/comical spirit with a young epilepsy awareness advocate.



Category: Best Purple Outfit
Photograph Title: Embracing Epilepsy

This purple-licious outfit also features home-grown purple produce! This photo was taken in support of a family member with epilepsy.



Category: Best Public Awareness Display
Photograph title: Support EPILEPSY Awareness

We created a new category just for this picture! This young lady created a display about epilepsy and Purple Day. In her display she states: "Having seizures can create many challenges. I'm determined to fight back and enjoy life. And to raise more awareness about the condition. Wear purple on March 26th."



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BC Epilepsy Society

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*The BC Epilepsy Society is a non-profit, charitable organization,
which provides education, advocacy, and support.*