



**BC Epilepsy  
Society**

E-NEWSLETTER

Improving lives.  
Inspiring courage.

February 17, 2015

## **The BC Epilepsy Society**

### **ANNUAL GENERAL MEETING**

You are invited to the BC Epilepsy Society Annual General Meeting (AGM) on Thursday, March 26th. It will be held at the Simon Fraser University Harbour Centre campus on 515 West Hastings Street in room 1430. The meeting will start at 6:30 PM.

The meeting will have a brief business component where we will address elections, auditor appointment, finances, and last year's AGM minutes.

After the meeting we will be hosting the lecture called *Cannabinoids and Epilepsy: The Science Behind the Hype.*

Yearly memberships will expire at the adjournment of the AGM. To renew or take out a new membership valid from April 2015 to spring 2016, you can download our membership form and return by email, mail, or fax. You can also call our office at 604-875-6704 to sign up by phone. Please note you can now sign up for membership for up to three years. Membership is \$10 for an individual or \$50 for an organization. Read about the benefits of membership.

Please contact our office at 604-875-6704 or at [info@bcepilepsy.com](mailto:info@bcepilepsy.com) if you have questions or require further information.

## **Cannabinoids and Epilepsy Lecture**

### **THE SCIENCE BEHIND THE HYPE**

In the past few years a large amount of attention has been focused on cannabidiol (CBD), a derivative of marijuana, and its potential role in possibly preventing or provoking seizures.

To keep you up-to-date on the emerging findings, the BC Epilepsy Society is hosting a lecture about this topic called *Cannabinoids and Epilepsy: The Science Behind the Hype.*

This lecture will take place on Thursday, March 26th from 6:30 pm to 8:30 pm at Simon Fraser University Harbour Centre, Room 1430 on 515 West Hastings Street in Vancouver, BC.

The speaker will be Dr Tiffany Townsend, a neurologist who specializes in epilepsy.

This lecture will include information about the clinical research into this substance, mechanisms of action, impacts on the brain, biochemical interactions, and safety issues.

This event is happening in conjunction with the [BC Epilepsy Society Annual General Meeting \(AGM\)](#). The AGM will start at 6:30 pm prior to the lecture.

Lectures are \$10 or free with a current [BC Epilepsy Society membership](#). A membership can be purchased at the event. A yearly membership to the BC Epilepsy Society is only \$10.

Pre-registration is required.

To register please contact us at 604-875-6704 or at [info@bcepilepsy.com](mailto:info@bcepilepsy.com)

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## Purple Day

### **A DAY FOR EPILEPSY AWARENESS**

Purple Day is a day dedicated to increasing awareness about epilepsy. On March 26th people around the world are encouraged to wear purple and host events in support of epilepsy awareness. Note: March is also Epilepsy Awareness Month in Canada.

How can you participate? You can distribute materials about Purple Day and epilepsy in your community, set up a display, host a presentation about epilepsy, or participate in our [Most Outrageous Idea Purple Day contest!](#) We are inviting people to host wacky purple-inspired activities and creative awareness raising initiatives. Great prizes will be available to participants who show off their best stuff.

Below are some ideas to try out:

A purple-inspired costume contest, purple pancake day party, face painting competition, purple tie day, a purple jello slip and slide, purple pooch walk, purple flamingo lawn display, or whatever other fun (and safe) ideas you have.

We also have a variety of epilepsy awareness and educational materials available to distribute for these and other Purple Day activities and initiatives.

For more information about Purple Day activities and the contest, please contact Jas Lachar at 604-875-6704 or at [services@bcepilepsy.com](mailto:services@bcepilepsy.com)

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## BC Epilepsy Society

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*The BC Epilepsy Society is a non-profit, charitable organization,  
which provides education, advocacy, and support.*