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PRESS RELEASE:

JOIN THE BC EPILEPSY SOCIETY ON AUGUST 13TH FOR AN EVENT WITH SAIL FOR EPILEPSY

To celebrate our 64th Anniversary, the BC Epilepsy Society has partnered with an American-based charity, Sail for Epilepsy for an event taking place on Sunday August 13th from 11:30 AM to 2:30 PM PST at Charles Rummel Centre in Burnaby.

This event will feature special guest, Dr. Phil Haydon, the President of Sail for Epilepsy and the Chair of Neuroscience at Tufts University School of Medicine who will be sharing his inspirational epilepsy journey and talking about why he's sailing the oceans of the world.

Tickets can be purchased from Eventbrite [at this link](#) and are \$10 per person or \$5 for individuals aged 12 and under. Each ticket includes entrance to the event and lunch/refreshments as well as empowering family-friendly nautical activities for all abilities. Attendees will also get the incredible opportunity to take Sail for Epilepsy's One More Step Challenge and have the chance to become a Sail for Epilepsy Virtual Shipmate!

This will be an exciting event for people living with epilepsy and their families, friends and loved ones; people with either a personal and/or professional interest in epilepsy; and members of the general public. We hope to see you all there!

About Sail for Epilepsy: Sail for Epilepsy's goal is to sail the oceans of the world to inspire people with epilepsy, to raise funds to support research for a cure and to promote awareness of epilepsy while educating the public. For more information on Sail for Epilepsy, please visit www.sailforepilepsy.org

What is Epilepsy?: Epilepsy is a medical condition that results in recurring seizures. A seizure is a sudden, brief, and temporary disturbance of electrical activity in the brain. There are many different kinds of seizures which can alter consciousness, movement, sensation, speech, awareness, and behaviour.

About the BC Epilepsy Society: The BC Epilepsy Society is a provincially incorporated charitable organization and a federally registered non-profit organization that provides information, advocacy, and support to the over 50,000 people living with epilepsy in BC and their families and seeks to raise the awareness of epilepsy. If you would like to learn more about seizures and epilepsy; find out more about the BC Epilepsy Society and the programs and services that we offer; or receive support for yourself or a loved one living with epilepsy, please visit www.bcepilepsy.com or contact us via telephone at 604-875-6704 or via email at either deirdre@bcepilepsy.com or sonia@bcepilepsy.com.

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